



# Discover Your Care Options – Find the Right Provider for You!

To Get Started, go to [www.myuhc.com](http://www.myuhc.com) and select “Find a Provider”



## **Virtual Care: For non-emergency health issues**

Connect with board-certified doctors anytime, anywhere—by phone or video—for quick care with non-emergency health issues!



## **Urgent Care: For serious but not life-threatening medical needs**

For sprains, stitches, and other non-life-threatening issues, visit urgent care—often faster than the ER, with flexible hours and no appointment needed!



## **Doctor's Office: Routine and annual visits**

Get personalized care for checkups, vaccines, illnesses, and chronic conditions from a provider who knows your history—by appointment during office hours!



## **Emergency Room: For life-threatening medical needs**

For life- or limb-threatening emergencies, go to the ER or call 911. Open 24/7, ERs handle the most critical cases—using them only for true emergencies can also help reduce your out-of-pocket costs.

Questions? Please contact [hr@whitewatercw.com](mailto:hr@whitewatercw.com)